

**ABSTRACT**

A device for improving steam cooking during the microwaving of food is described. A container 10 defines a compartment 22 containing a food product. A  
5 venting assembly 12 is operatively coupled to the container 10 and surrounds an aperture. The venting assembly 12 provides a controlled release of the steam that is trapped within the container 10. In one embodiment, the venting assembly 12 includes a base and a patch. The base defines a volume that covers the aperture formed in the container 10 and allows controlled venting upon an increase in  
10 pressure inside the container 10.